



connexions

WEST

Guide for
young people


[**About
Connexions West
and transition
planning 2010/11**]



What is Connexions West?

Connexions West helps young people think about and plan for the future.

Connexions West works with schools, social services and other people. This helps to make sure you get the help and support you need.



What can a Connexions West personal adviser do for you?

A personal adviser can give you information and advice about things like:

- › staying at school
- › going to college
- › getting some training
- › getting a job
- › learning to do things by yourself
- › money
- › relationships
- › housing
- › health
- › things to do in your spare time.

You can see your personal adviser in school or in your local Connexions centre.

Your transition plan – your future

When you are in Year 9 you will have a meeting in school to plan for your future. This is usually called a transition review. After the meeting, a transition plan will be produced.

A transition plan is a way of saying:

- what you want to do when you reach 16, or older if you stay on at school.
- how you are going to make your plans happen.
- who can help you.

It looks at many parts of your life, such as education, training, work, health and housing.

You will decide who will be at the meeting with you. You could choose your parents or carers, a teacher, your Connexions West personal adviser or someone else.

You will probably meet your personal adviser before the meeting to talk about:

- what you like to do in school.
- what you like to do outside school.
- what you might like to do when you leave school.
- what help you might need.

You can have someone (called an advocate) speak for you at your meeting. This could be a parent or carer, your personal adviser, or someone else.

After the transition review you and your parents or carers will get a copy of the transition plan.

The people who work with you will also get a copy. The local authority will consider providing the support and services that are listed in your transition plan.

Your transition plan will change as you go through school, so that it is always right for you.



Further information

- Connexions Direct: information and advice for young people. Most of the sections contain disability content.
www.connexions-direct.com
- Connexions West easy read site: information about learning, training, work and life.
www.connexionswest.org.uk
- FutureFinder: local learning and training opportunities. www.futurefinder.org.uk
- Jobs4U: job descriptions and the qualifications needed.
www.connexions-direct.com/jobs4u
- Which Way Now?: choosing options in Year 9. Includes information for parents/carers.
www.connexionswest.org.uk
- Young Mencap: live, play, learn!
<http://young.mencap.org.uk>

Your local Connexions West centres

Bath and North East Somerset:

T: 01761 430 900

E: bath-enquiries@connexionswest.org.uk

Bristol: 4 Colston Avenue, Bristol BS1 4ST

T: 0117 987 3700 Minicom: 0117 907 4514

E: enquiriesbristol@connexionswest.org.uk

North Somerset: 45 Boulevard, Weston-super-Mare BS23 1PG

T: 01934 644 443

E: enquiries-nsom@connexionswest.org.uk

South Gloucestershire:

21–23 High Street, Kingswood, South Gloucestershire BS15 4AA

T: 0117 961 2760

E: enquirieskingswood@connexionswest.org.uk and

28 Gloucester Road North, Filton, South Gloucestershire BS7 0SJ

T: 0117 969 8101

E: enquiriesfilton@connexionswest.org.uk and

Yate West Gate Centre, 21 West Walk, Yate, South Gloucestershire, BS37 4AX

T: 0117 961 2760

E: enquirieskingswood@connexionswest.org.uk

Head Office: 4 Colston Avenue, Bristol BS1 4ST.

T: 0117 987 3700 Minicom: 0117 907 4514.

enquiries@connexionswest.org.uk

www.connexionswest.org.uk



Connexions West is part of
Learning Partnership West.
www.lpw.org.uk