

## Choices

### Foundation level qualifications

#### Who are foundation level qualifications for?

Foundation level qualifications are for young people who want to show what they are able to do.

You can take as much time as you need to get a foundation level qualification.

#### What subjects can I take?

- English, maths and science
- Using words and numbers
- Learning to do things by yourself, like taking a bus
- Finding out about work
- Things like retail, hairdressing or gardening.

#### What else will I achieve?

- Improved skills
- More confidence.

#### Where can I study for a foundation level qualification?

- School
- College
- At work
- Residential or day care settings.

#### How will I know if I am doing well?

Foundation level qualifications are made up of different parts. Each part is checked as you finish it. This way, you will know how well you are doing.

## **What can I do after a foundation level qualification?**

- Study for a qualification at the next level up.
- Go into training
- Start work.

## **Where can I get more information?**

- Parents and carers
- Teachers
- Connexions personal advisers.

## **Try these websites**

ASDAN – information about all their qualifications.  
[www.asdan.org.uk/quals.php](http://www.asdan.org.uk/quals.php)

Future Finder – local learning and training opportunities.  
[www.futurefinder.org.uk](http://www.futurefinder.org.uk)

This leaflet was taken from the Connexions West easy read website –  
[www.connexionswest.org.uk](http://www.connexionswest.org.uk)  
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