

Guide for
young people

[**Planning for
the future**]




Deciding what to do with your future can be exciting and scary.

You might have some ideas about what you want to do...

You might want to:

- keep learning at school or at college.
- get some training or start a job.



There are plenty
of people who will
listen to you.

Parents and carers,
Connexions West
personal advisers,
teachers and friends
can all help and
support you.

Talk to them. Think about
what they have to say.

But, don't forget, **you
choose.**

Section 139a assessment

What is a section 139a assessment?

It looks at the help you will need in your education or training.

Who gets an assessment?

You will get one if you are leaving school or college to go on to more education or training and you:

- have a statement of special educational needs or
- need extra help at school.

What happens next?

- Your Connexions West personal adviser writes the section 139a report.
- The report will be shared with the college or work-based learning provider you have chosen. This will help to make sure you get the help you need to do your course or training.
- We will only share information about you if you have told us it is okay to do this.

Who helps with the report?

You do! It's your report and what you think is most important.

Other people such as:

- your parents or carers
- teachers and other school staff
- your personal adviser
- your social worker (*if you have one*)
- your health worker (*if you have one*).



Further information

- Connexions Direct: information and advice for young people.
www.connexions-direct.com
- Connexions West easy read site: information about learning, training, work and life.
www.connexionswest.org.uk
- FutureFinder: local learning and training opportunities. www.futurefinder.org.uk
- It's Your Choice: information on work and learning options.
www.connexionswest.org.uk
- Jobs4U: job descriptions and the qualifications needed.
www.connexions-direct.com/jobs4u
- Money to Learn: financial help to stay in learning. www.direct.gov.uk/moneytolearn
- Skill: National Bureau for Students with Disabilities. www.skill.org.uk
- Young Mencap: live, play, learn!
<http://young.mencap.org.uk>

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Connexions West is part of
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www.lpw.org.uk